

St. Paul Parish est. M 1876 + St. James Parish est. 1888 + St. Philip Parish est. 1910

## The Noe Valley Parishes

### Rev. Mario P. Farana, Pastor

#### St. Paul's Catholic Church

##### **Mass Schedule:**

Saturdays: 4:30 p.m. Vigil Mass

Sundays: 8:00 and 9:15 a.m.

Holy Days: 8:30 a.m. and 6:00 p.m.

Weekdays: 8:30 a.m. in the Chapel

Confession/Reconciliation:

Saturdays 3:30 - 4:15 p.m.

or by appointment.

##### **Sacramental Programs:**

**Religious Education:** Grades K- 8

Saturdays: 9:30 - 11:00 a.m. (Sept-May)

**Confirmation Preparation:** Grades 9-

12, classes twice per month (October-June)

**Baptism Preparation for Parents:**

First **Tuesday** of the month, 7:00 PM

**Marriage Preparation:** contact rectory

6 months prior to wedding date

**RCIA Program:** *Rite of Christian*

*Initiation:* Terri Brady and Deacon Bill McLoughlin (October-May)

For further information please call:

St. Paul's Parish Office and Rectory

221 Valley Street, San Francisco, CA 94131

415 648 7538

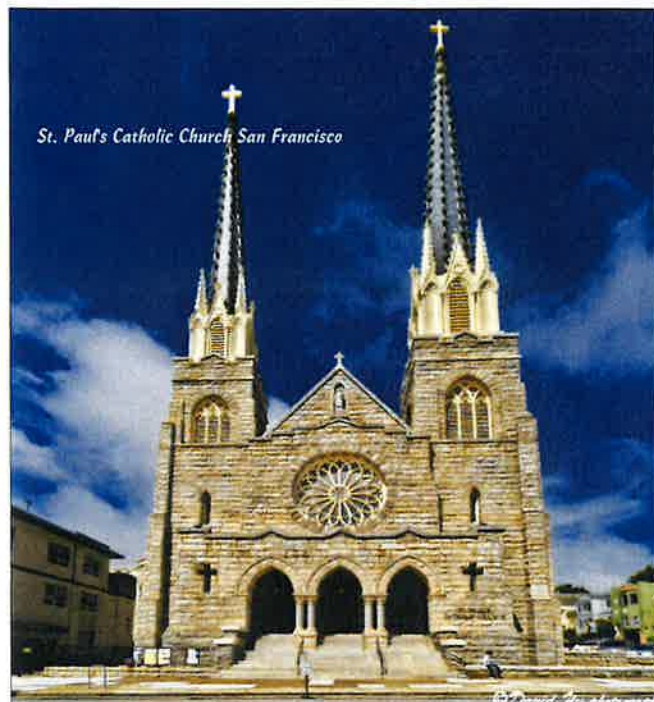
Secretary: Laurie Miller

Web page: [www.stpaulsf.org](http://www.stpaulsf.org)

Facebook: Follow us at St. Paul's Catholic Church

Flocknote: Text: SPCSF to 84576

Rev. 2/28/2024



##### **Parish Staff**

Rev. Mario P. Farana, Pastor

Rev. James Liebner, SVD, Associate

In Residence St. Philip's

Rev. Brendan McBride

In Residence St. Philip's

Rev. Ulysses D'Aquila

In Residence St. James

Deacon Bill McLoughlin

Joan Strachan: Liturgical Scheduler,

Bulletin Editor

Joseph Duggan, Diane Costa: Music

Ministry

Jacqueline Curran, Principal, St. Paul's

Elementary School, K-8, 415 648 2055

**[www.stpaulsf.org](http://www.stpaulsf.org)**

Tina Baluyut, Director, Littlest Angels

Preparatory Preschool, 415 824 5437

**[www.littlestangelpreschool.com](http://www.littlestangelpreschool.com)**

# March 10<sup>th</sup> Fourth Sunday of Lent

## Mass Readings for the 3rd Sunday of Lent Year B

- **First Reading** – Exodus 20:1-17: God delivers the Ten Commandments: worship only Him, avoid idolatry, respect His name, observe the Sabbath, honor parents, and refrain from murder, adultery, theft, lying, and coveting.
- **Responsorial Psalm** – Psalms 19: Your perfect laws energize and awaken us, Lord. Your principles and commands guide us in truth, showing the way. Your eternal statutes bring justice and enrich our lives.
- **Second Reading** – 1 Corinthians 1:22-25: We proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles. Yet, to the called, He embodies God's power and wisdom, surpassing human understanding and strength.
- **Gospel** – John 2:13-25: At Passover, Jesus went to Jerusalem and found the temple commercialized. He cleared it, rebuking those who made it a marketplace, fulfilling a prophecy of zeal for God's house. Challenged by Jewish leaders, he spoke of destroying and raising the temple in three days, signifying his resurrection. Many believed in him, but Jesus remained cautious of human nature.

## READINGS FOR THE WEEK

**Monday** Is 65:17-21 Ps 30:2 and 4, 5-6, 11-12a and 13b Jn 4:43-54

**Tuesday** Jn 4:43-54 Ps 46:2-3, 5-6, 8-9 Jn 5:1-16  
Jn 5:17-30

**Wednesday** Is 49:8-15 Ps 145:8-9, 13cd-14, 17-18 Jn 5:17-30

**Thursday** Ex 32:7-14 Ps 106:19-20, 21-22, 23 Jn 5:31-47

**Friday** Wis 2:1a, 12-22 Ps 34:17-18, 19-20, 21 and 23 Jn 7:1-2, 10, 25-30

**Saturday** Jer 11:18-20 Ps 7:2-3, 9bc-10, 11-12 Jn 7:40-53

**Sunday** Ez 37:12-14 130:1-2, 3-4, 5-6, 7-8 Rom 8:8-11 Jn 11:1-45

## March 10<sup>th</sup> Fourth Sunday of Lent

For those nearing the end of life:

May they be given the grace to persevere in faith  
and place their trust in God

as they prepare in hope for eternity with Christ;

*We pray to the Lord*



## CALENDAR OF THE WEEK

Monday	March 11 <sup>th</sup>	
Tuesday	March 12 <sup>th</sup>	Lenten Spiritual Journey 9:30am in the Rectory Stations of the Cross and Soup Supper 6pm
Chapel		
Wednesday	March 13 <sup>th</sup>	Confirmation Class 7pm in the Chapel
Thursday	March 14 <sup>th</sup>	
Friday	March 15 <sup>th</sup>	Stations of the Cross 8:30am in the Chapel
Saturday	March 16 <sup>th</sup>	CCD- 9:30am to 11am in the school
Sunday	March 17 <sup>th</sup>	Coffee and Donuts following 9:15am Mass.

## ST. PAUL'S THANKSGIVING RESPONSE TO GOD THIS PAST WEEK

Weekly Collection: March 3, 2024	\$ 4,879.00
Second Collection – Preservation Fund March 3 <sup>rd</sup> .	\$ 5,842.00
E Collection February 2024	\$ 10,824.00

## MASS TIME CHANGE

Please make note that the 9:15am Mass will change to 9:30am on Palm Sunday and Easter Sunday

## Blood Drive 2024

The first Parish Blood Drive of 2024 will be 3/24 from 8:30-1:00- Palm Sunday. Sign up on line at [www.bloodheroes.com](http://www.bloodheroes.com) or call Jill Alcantar @415-586-8911 to schedule an appointment

## Second Collection – Community Outreach

Next Weekend March 16<sup>th</sup>/17<sup>th</sup> there will be a second collection for Community Outreach  
Please place your donation in the Second Collection  
Following Communion

Next Week's Community Outreach Lenten Giving will be

## Diapers

STATIONS OF THE CROSS will be Tuesday March 12<sup>th</sup> 6pm in the chapel followed by soup supper and on Friday morning, March 15<sup>th</sup> in the Chapel, following the 8:30am Mass

## CHURCH CLEAN-UP AND DECORATING

SATURDAY March 30, 2024

10:15 AM – 2PM

We need help with cleaning and decorating the Church for our Easter Services.

We need help with dusting, vacuuming, cleaning and decorating.

lunch will be provided for the workers. Any help would be appreciated.

We need Calla Lilies for our **Holy Thursday Service**. Please bring your donations Tuesday or Wednesday, March 26<sup>th</sup> & 27<sup>th</sup>. 2024

We also need Easter Lilies and Potted Spring flowers and Easter Lilies for our Easter Services. Please bring your donations to the Church by Saturday March 30, 2024

Please pray for those in our book of the sick and especially for the following:

Daniel Wooldridge,

For those who have died: Grey Cooper, May Dea



## Mass Intentions for the Week

### Saturday Mass 4:30pm

Marie Doherty(D)

Olga Cabrera (D)

Patricia Bermudez (D)

### Sunday Mass 8:00am

Bautista "Buddy" Tufo (D)

Anthony & Edith Ferrari (D)

Josefa Lizardo (D)

### Sunday Mass 9:15am

Wm Schultheis (D)

Patrick & Delia McGrath (D)

Connie Colon (D)

Ernesto Garlitos (D)

### Monday 8:30am

People of St. Paul's (L&D)

### Tuesday 8:30am

People of St. Paul's (L&D)

### Wednesday 8:30am

People of St. Paul's (L&D)

### Thursday 8:30am

People of St. Paul's (L&D)

### Friday 8:30am

Fermina Morales (D)

### Saturday Mass 4:30pm

Carmen Sanchez (D)

Anna Raffo

### Sunday Mass 8:00am

Amulio & Paolina Petrini (D)

Fr. Michael Kotlanger (D)

Margaret and Jack Kotlanger (D)

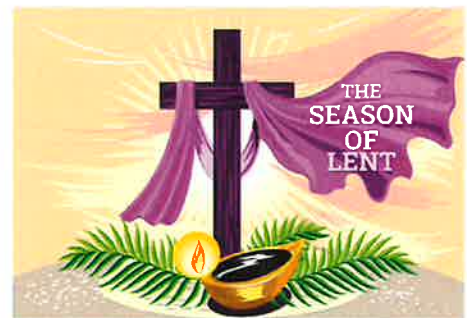
### Sunday Mass 9:15am

Bill & Bridie O'Malley (D)

Martin & Margaret McGrath (D)

Connie Colon (D)

Michael Manteuffel (D)



### Calla Lilies/Plants Needed

We need Calla Lilies and Plants to decorate the Church for  
Holy Week / Easter Services

We need Calla Lilies for our **Holy Thursday Service**. Please bring your  
donations Tuesday or Wednesday,  
March 26<sup>th</sup> & 27<sup>th</sup>. 2024



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ST PAUL'S SCHOOL

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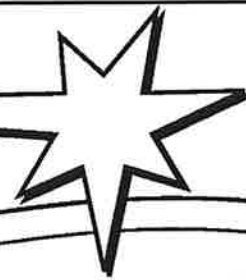


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Explore classrooms and speak with our community to learn more about our wonderful K-8th grade program.

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Helping our children grow in their Catholic faith.

March 2024

St. Paul's Church

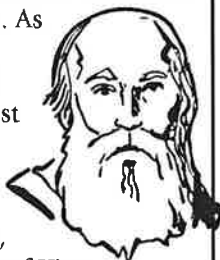
Dorothy Vigna, Director of Religious Education



## Thoughtful Moments

### Pope St. Zachary

St. Zachary was a deacon before he became pope in 741. As pope, St. Zachary skillfully negotiated peace for Italy against the usually violent Lombard clan and befriended the Frankish king Pepin, the Short, the father of King Charlemagne. He was a patron of restoring churches and saving priceless treasures from Byzantium from being destroyed. Also known for his charity, St. Zachary ransomed slaves being sold in Venice and supported St. Boniface's mission in Germany.



### See with your heart

Scripture says that God wants to be intimate with us but it can be challenging to feel close to someone we can't see in human form. Remember that Jesus said, *"Call to me and I will answer you, and will tell you great and hidden things which you have not known"* (Jeremiah 33:3).

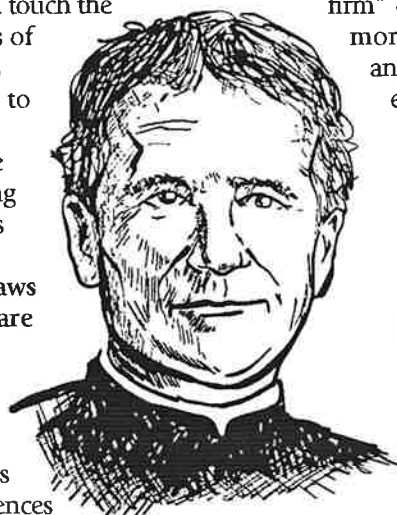
*"Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil"* (Matthew 6:34).



## Invoke Don Bosco's special charism

As an educator and father-figure, St. John "Don" Bosco had a special charism. He could touch the hearts and minds of rebellious youths and inspire them to follow Christ. Follow his advice for forming young hearts and minds for Christ:

*"See that the laws of discipline ... are made known."* Children of all ages benefit from understanding clear expectations and the consequences for deviation. He knew that children thrive on routine and well-defined boundaries. And, Don Bosco believed that placing youths in safe surroundings with good influences removes the likelihood of their committing sin. That encourages responsible independence.



*"Always gentle and prudent."* It was his experience that "gentle but firm" or "quiet but stern" were more effective in discipline than anger or violence. The educator must strive to make himself loved by his pupils, if he wishes to obtain their respect and obedience.

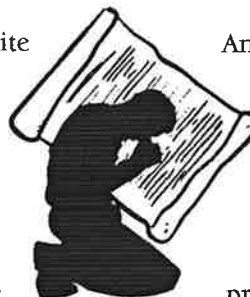
*"Never ... correct in public."* To Don Bosco, punishments were a last resort and done in private when it is more likely to have the child's full attention. Never humiliate a youngster.

*"A humble prayer to God is much more useful..."* Don Bosco encouraged drawing on God's grace. The Holy Spirit speaks to our children's hearts in ways we can't. Inviting God into our challenges might turn what could have been a fall-out into a breakthrough.

## Why Do Catholics Do That?

During Sunday Mass, we recite the Nicene Creed, and bow when we proclaim the miracle and mystery of the Incarnation. It is such a central tenet of our faith that we genuflect when proclaiming it on Christmas and the Feast of the

## Why do Catholics bow during the Creed?



Annunciation (April 8). Whether we bow or genuflect during the Creed, the extra gesture helps us to recall with gratitude and reverence that God became man "for us ... and our salvation," when we proclaim our Catholic beliefs.

## Help children “tune in” to the Holy Spirit

Holiness results when we honor God and follow His ways. Try these suggestions to develop children’s “God-radar” that allows the Holy Spirit to work in their lives.

**5-minute check-in:** Encourage children to make “5-minute check-ins” with God throughout the day. They can thank Him for blessings, offer intentions, confide worries, offer apologies – whatever they want to tell God.

**Form faith-filled consciences:** Make sure children know the Ten Commandments and understand them as God’s laws to guide their behavior. For example, if your child thinks

“white lies” are okay to spare hurt feelings, explain the Eighth Commandment forbids lying, and brainstorm charitable alternatives.

**Twelve Fruits raffle:** A heart where God is known, honored, and obeyed will “grow” the Twelve Fruits of the Holy Spirit: love, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity (*Catechism of the Catholic Church*, #1832). Write each fruit down on a slip of paper and put them in a jar. Each of you can draw one from the jar weekly and practice it.



### Scripture LESSON

#### John 20:1-9, “People who have hope live differently”

The Resurrection is the keystone of our Faith, making a claim unique to Christianity. When Mary Magdalene arrived at the tomb, she expected to find a corpse. Instead, she found the stone rolled back, the grave clothes left behind, and the tomb empty. She thought thieves had taken the Lord’s body and ran to tell Peter and John.

When the Apostles arrived at the tomb, Peter went in first and also saw that the grave clothes had been left behind, not left in a heap, but neatly arranged. No grave robber would take a body and leave the shroud. John



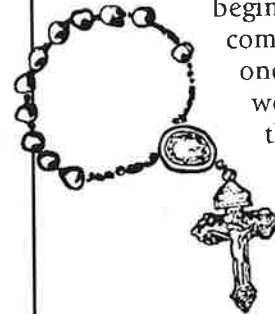
followed Peter and saw the cloth covering Christ’s face was neatly folded in a separate place, perhaps by Jesus Himself. John saw and believed.

*What can a parent do?* Pope Benedict XVI wrote, “People who have hope live differently.” We know death is not the end

and we hope for eternal life. As Christians, we’re called to live differently. We do this when we put God first and listen to Him. Then we can point others to this hope.

### Parent TALK

We had such a fruitful Lent this year, we wanted to keep up our good habits as “Easter resolutions.” At the beginning of Lent, we committed to doing one good family deed weekly. We discussed the good deeds over dinner, which gave the children a chance to pat each other on the back.



We also committed to praying a decade of the Rosary as a family every night to help us have a good Lent. At first, it was difficult to make the time, but the family decade became a favorite part of our bedtime routine. We still do good deeds every week, but instead of discussing them, we talk about ways others have been kind and discuss how to imitate them.

Continuing our Lenten practices of doing good deeds and praying nightly helps us to be more patient and caring, and brought us closer together as a family.

### Feasts & Celebrations

**March 12 – St. Seraphina (1253):** Born to a poor family in San Gimignano, Italy, she suffered from a mysterious paralyzing illness. Her family abandoned her, but she found comfort in Christ’s Passion and the prayers of St. Gregory the Great. She suffered with extraordinary patience until her death.

**March 14 – St. Matilda (968).** The daughter of the Count of Westphalia, St. Matilda married Prince Henry the Fowler and had five children, including Otto I, the Holy Roman Emperor. She was known for her charitable works and

generosity to the poor.

**March 17 – St. Patrick of Ireland (461).** Born in Scotland, St. Patrick was kidnapped by pirates and brought to Ireland as a slave. He escaped but later returned to become the bishop of Ireland. He is credited for having established the Church there.

**March 24 – Palm Sunday of the Lord’s Passion (1st Century).** The start of Holy Week. Today, we recall Jesus’ triumphant entry into Jerusalem, when He was greeted by cheering crowds waving palms.



### Our Mission

To help parents raise faithful Catholic children  
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